

## Objective 5

### Demonstrates balancing skills

Related Objectives: 2a, 4, 8a, 8b, 11a, 15a, 35

## What You Do

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**1. Sing to the tune “London Bridge.” Stand in front of the child and demonstrate the movements.**

Now I’m jumping up so high, up so high,  
up so high,

Now I’m jumping up so high.

My sweet [child’s name].

*[Jump up in the air.]*

Now I’m twirling round and round, round  
and round, round and round.

Now I’m twirling round and round,

My sweet [child’s name].

*[Twirl around in a circle.]*

**2. Repeat the song. Invite the child to sing and/or move along with you.**

- Invite toddlers and 2-year-olds to offer new movement ideas.
- Repeat the song. Mix up the movements and make new combinations.
- Invite a child to choose her favorite combination and lead the others.
- Hold infants in your arms while you sing and perform the movements.