

Objective 11

Demonstrates positive approaches to learning

a. Attends and engages

Related Objectives: 2a, 2c, 3a, 4, 5, 7a, 8a, 14b, 23

What You Do

- 1. Ask a student to stand facing you a few feet in front of you.**
- 2. Say, "I am going to be a mirror and do exactly what you do!"**
- 3. Invite the student to move in different ways as you copy his or her movements.**
- 4. Ask the students to work in pairs and take turns being the mirror.**

- Invite all of the students to mirror your actions. Include actions that focus on balance and stability.
- Add facial expressions to the activity.
- Invite students to make patterns with their actions, e.g., hop on the left foot twice and then tap on the right shoulder three times.
- Adapt the activity for a “broken” mirror, where one student does the opposite action, e.g., one student makes a funny face, the other makes a sad face.