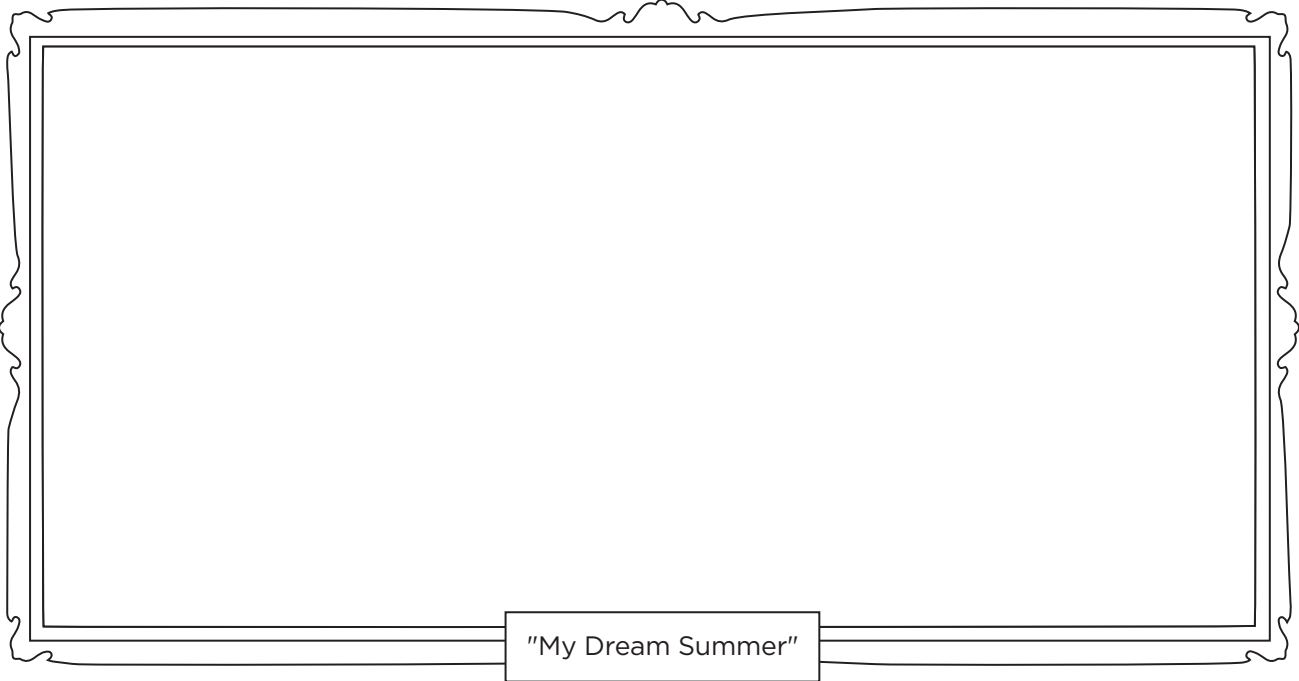




# Ready Rosie

# Summer Soar



Dear \_\_\_\_\_,

I am excited and ready to enjoy a summer of fun adventures and learning with you. Above is a picture of my dream summer.

Every week this summer, we will receive a text or email from ReadyRosie with activities that our family can do together. Here is how it works:

1. We watch the 2 minute videos together.

2. We try the activities.  We did it!

3. We reflect and share what we learn.

When we complete an activity, I color in the game space on the attached Summer Soar Adventure Map. At the end of the summer, I will bring this back to school to show my new teacher our summer of learning.

Thank you for taking the time to learn and grow with me this summer!

Love,

Scan code with your phone

or

Find out more at [ReadyRosie.com/SummerSoar](http://ReadyRosie.com/SummerSoar)

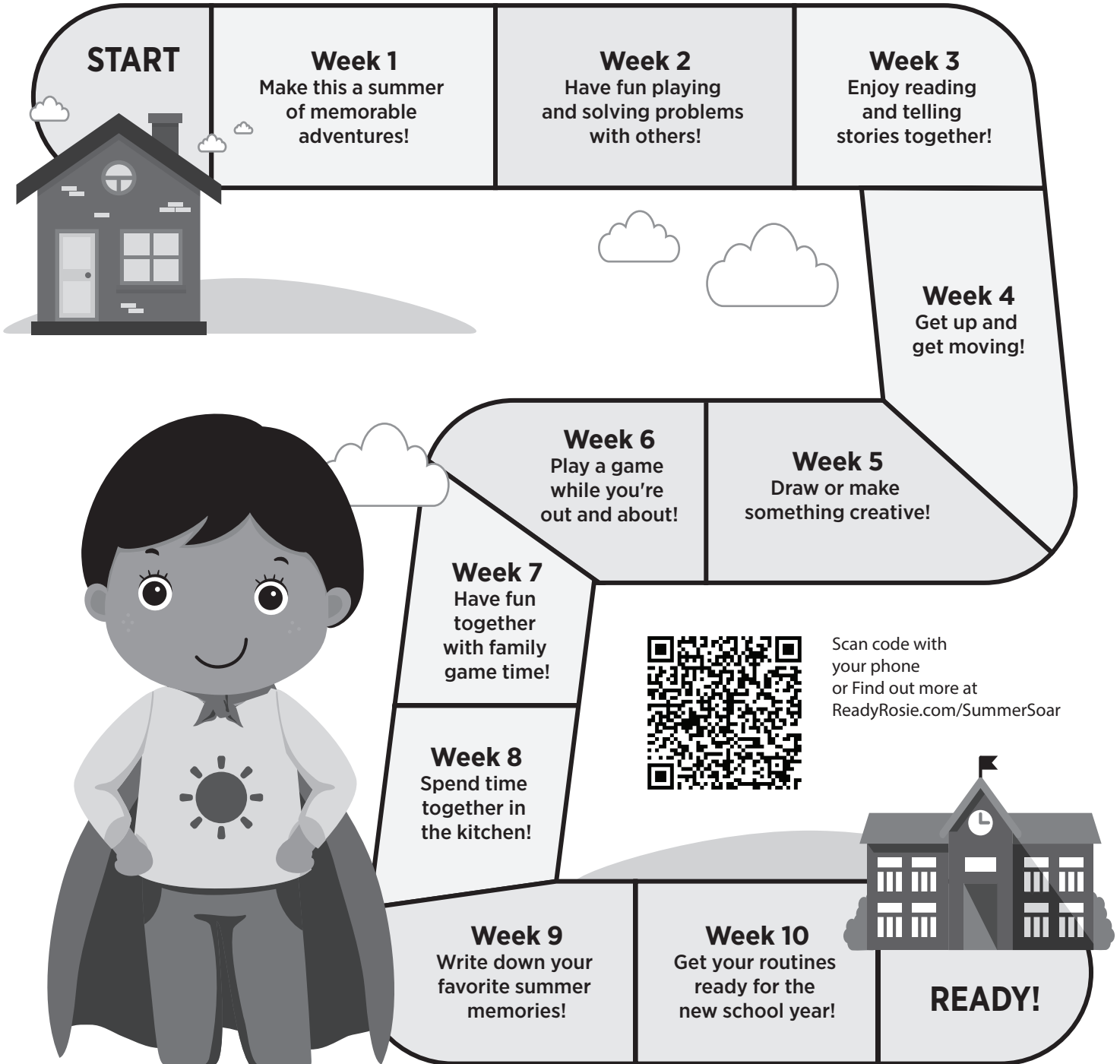




# Ready Rosie

Student's Name \_\_\_\_\_









**Directions:** Keep a record of your learning! Invite your child to color in the game space once you complete the activity together. Bring this to your teacher to share about your learning adventure!



## SummerSoar Week 1

### Make this a summer of memorable adventures!

How can you have a FUN summer AND learn together along the way? We've got some ideas, and we're sure you have wonderful ideas of your own. Invite your child to draw or write a list of the things you would like to do and learn together!









Watch the video with your child. If you don't have access to view videos, please read the description below!		Do the activity and mark "We did it!"	Reflect and share: How did it go? What did you learn?
	<p><b>Nature Walk and Talk</b></p> <p>ReadyBaby - Take a short walk with your child. Carry a small bucket or bag for your child to collect interesting items from nature. Upon returning home, talk together about each item by naming it and describing it.</p>	<div style="text-align: center;"> <input type="checkbox"/>            We Did it!         </div>	
	<p><b>Building a Fort</b></p> <p>PreK - Work together as a family to design and build a fort with pillows, blankets, and chairs. Enjoy reading books together in your special fort!</p>	<div style="text-align: center;"> <input type="checkbox"/>            We Did it!         </div>	
	<p><b>Treasure Map</b></p> <p>PreK - Hide a little surprise like a snack or library book somewhere in your home. Draw a simple map of your home to help lead your child to the "treasure."</p>	<div style="text-align: center;"> <input type="checkbox"/>            We Did it!         </div>	
	<p><b>I'm Thinking of an Animal</b></p> <p>PreK - In this guessing game, one player thinks of an animal (or any other category) and gives specific clues. The other player(s) uses the clues to guess the animal.</p>	<div style="text-align: center;"> <input type="checkbox"/>            We Did it!         </div>	

Invite your child to color in the game spaces for each of this week's activities once you've completed them together.

## SummerSoar Week 2

### Playing well with others is a winning combination!

Whether your child has a sibling, cousin, neighbor, or friend, there will always be a chance to practice working together to solve a problem. This week, we've got several examples of ways to turn everyday problems into opportunities for learning empathy and collaboration. See how your family can create a win-win for everyone!









Watch the video with your child. If you don't have access to view videos, please read the description below!		Do the activity and mark "We did it!"	Reflect and share: How did it go? What did you learn?
	<b>Keep It Up</b> PreK - Work together to try to keep a balloon in the air by tapping it up. See how many taps you can count before it falls to the ground.	<input type="checkbox"/> We Did it!	
	<b>Sharing Goldfish</b> PreK - Talk about some math and fair shares by discussing how to equally divide up a snack.	<input type="checkbox"/> We Did it!	
	<b>How can I stop my kids from fighting?</b> PreK - Children are going to fight and tease one another. Use conflict to teach the life skill of using words to communicate how they feel and what they need.	<input type="checkbox"/> We Did it!	
	<b>Ring Around the Rosie</b> ReadyBaby - Join hands in a circle and sing together, "Ring around the rosie. A pocketful of posies. Ashes, ashes, we all fall down!" Fall down and then stand up and sing it again!	<input type="checkbox"/> We Did it!	

Invite your child to color in the game spaces for each of this week's activities once you've completed them together.

## SummerSoar Week 3

### Captivate your child's imagination with stories and books!

Want to captivate your child's attention? Tell a STORY! Share a funny story from your own childhood or a special memory about your child. Head to your local library and find some books with stories that interest you both. Make time for telling stories and enjoying books. You will expand your child's imagination and vocabulary and create a magical summer to remember!

Watch the video with your child. If you don't have access to view videos, please read the description below!		Do the activity and mark "We did it!"	Reflect and share: How did it go? What did you learn?
	<b>Look at the Book</b> ReadyBaby - Hand your toddler an upside down book and see what happens. Let your child take the lead in turning the pages. Point out interesting things on the pages. Revisit and reread favorite books often!	<input type="checkbox"/> We Did it!	
	<b>Reading Routines for Early Readers</b> PreK - Share the joy of reading together by helping your child create a reading routine at home.	<input type="checkbox"/> We Did it!	
	<b>Library Visit</b> PreK - Visit your local library. Ask the librarian to show you what is available for your family to use and enjoy.	<input type="checkbox"/> We Did it!	
	<b>Book Bag Descriptions</b> PreK - Show your child several books that you have recently read together. Play a game to see if your child can guess the book when you describe the topic, the characters, or where the story takes place.	<input type="checkbox"/> We Did it!	









Invite your child to color in the game spaces for each of this week's activities once you've completed them together.



## SummerSoar Week 4

### Move, Play, Learn!

Physical activities such as running, throwing, jumping, and climbing help your child develop gross (large) motor skills in the arm, leg, and trunk muscles. When children have plenty of time to playfully MOVE, they are better able to listen, concentrate, and release stress. This week’s activities are so fun that you will find it hard not to move too!







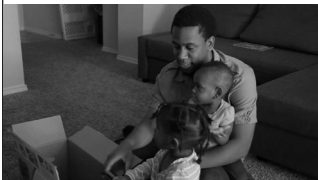





Watch the video with your child. If you don't have access to view videos, please read the description below!		Do the activity and mark “We did it!”	Reflect and share: How did it go? What did you learn?
	<p><b>Sink or Swim</b></p> <p>PreK - This game is a different version of “Red Light, Green Light.” The leader stands several feet away from the other players. Players are divided by a pretend river. Players try to cross the “river” based on the leader’s instructions. When the leader says, “Swim,” players can move while pretending to swim. When the leader says, “Sink,” players squat down at the bottom of the “river” until the leader says, “Swim” again. Make the game more challenging by changing the rules to do the opposite of the instructions given.</p>	<div style="border: 1px solid black; width: 40px; height: 40px; margin: 0 auto;"></div> <p>We Did it!</p>	
	<p><b>Rock Toss</b></p> <p>PreK - Toss five rocks towards a circle and count how many rocks land inside and how many land outside the circle. Say the math equation to describe the combination. For example: 2 rocks outside the circle plus three rocks inside the circle equals a total of five rocks.</p>	<div style="border: 1px solid black; width: 40px; height: 40px; margin: 0 auto;"></div> <p>We Did it!</p>	
	<p><b>Family Sensory Walk</b></p> <p>PreK - Take a walk together and use your senses to explore nature. What do you see? Smell? Hear? Feel?</p>	<div style="border: 1px solid black; width: 40px; height: 40px; margin: 0 auto;"></div> <p>We Did it!</p>	
	<p><b>Bear Hunt</b></p> <p>ReadyBaby - Head outside or to the park with your toddler. Pretend to be on a “bear hunt.” Invite your child to follow you under, over, and around different obstacles while you go on your adventure!</p>	<div style="border: 1px solid black; width: 40px; height: 40px; margin: 0 auto;"></div> <p>We Did it!</p>	

Invite your child to color in the game spaces for each of this week’s activities once you’ve completed them together.

## SummerSoar Week 5

### Be creative this week! Your brain and heart will thank you!

Did you know that creative drawing reduces stress, improves memory, and strengthens observation skills? Why not try creating something with your child this week? Remember that creating is more about the process than the final result. There are no grades, so try one of these fun games and enjoy some laughs while exploring your artistic side with your child!









	<p>Watch the video with your child. If you don't have access to view videos, please read the description below!</p>	<p>Do the activity and mark "We did it!"</p>	<p>Reflect and share: How did it go? What did you learn?</p>
	<p><b>Detailed Drawing of a Face</b> PreK - Talk with your child about the features on his or her face such as eyes, ears, nose, mouth, etc. Model drawing a simple self-portrait of yourself and encourage your child to draw one too! Remember to include details such as eyelashes and eyebrows!</p>	<div style="text-align: center;">             We Did it!         </div>	<div style="text-align: center;">  </div>
	<p><b>Shaving Cream Shapes</b> PreK - Spread some shaving cream on a flat surface such as the sidewalk or countertop. Invite your child to draw some shapes in the shaving cream. Smooth the shaving cream with your hand to "erase" the shapes. Create pictures like a house or animal using different shapes like squares, triangles, and circles.</p>	<div style="text-align: center;">             We Did it!         </div>	<div style="text-align: center;">  </div>
	<p><b>Recycled Play</b> PreK/ReadyBaby - An empty box is an invitation to imagine. With your child's help, brainstorm some different ways you can use or play with an empty cardboard box.</p>	<div style="text-align: center;">             We Did it!         </div>	<div style="text-align: center;">  </div>
	<p><b>Torn Paper Art</b> ReadyBaby - Using junk mail or newspaper, encourage your child to tear the paper into smaller pieces. Glue the pieces on a larger paper to make a fun picture.</p>	<div style="text-align: center;">             We Did it!         </div>	<div style="text-align: center;">  </div>

Invite your child to color in the game spaces for each of this week's activities once you've completed them together.

## SummerSoar Week 6

### Take learning with you wherever you go!

Time in the car, bus, train, or plane can be special, but it can also be stressful! No worries! We've got simple ideas that don't require any materials for you to take advantage of those moments together.

Watch the video with your child. If you don't have access to view videos, please read the description below!		Do the activity and mark "We did it!"	Reflect and share: How did it go? What did you learn?
	<p><b>I Spy</b></p> <p>PreK - In this game, the "Spy" selects an object to describe with clues such as color or shape. The rest of the players guess which object is being spied.</p>	<div style="border: 1px solid black; width: 40px; height: 40px; margin: 0 auto;"></div> <p>We Did it!</p>	
	<p><b>What Am I Counting?</b></p> <p>PreK - Start counting a certain kind of object. For example, when looking out the car or bus window, you could count mailboxes or garbage cans. See if your child can guess what object you are counting. Take turns and let your child be the counter!</p>	<div style="border: 1px solid black; width: 40px; height: 40px; margin: 0 auto;"></div> <p>We Did it!</p>	
	<p><b>How Many Can You Name?</b></p> <p>PreK - Think of a category like transportation. How many things can you and your child name that fit in this category? For example: car, airplane, train, etc.</p>	<div style="border: 1px solid black; width: 40px; height: 40px; margin: 0 auto;"></div> <p>We Did it!</p>	
	<p><b>Tell Me About It</b></p> <p>ReadyBaby - Interview your child with a pretend microphone. Find out your child's favorite things like favorite colors, foods, and things to do.</p>	<div style="border: 1px solid black; width: 40px; height: 40px; margin: 0 auto;"></div> <p>We Did it!</p>	

Invite your child to color in the game spaces for each of this week's activities once you've completed them together.













## SummerSoar Week 7

### Get ready for GAME time!

Take advantage of the long summer days to play games as a family. So many skills are developed like taking turns, managing emotions when winning or losing, language skills, math skills, etc. But, that's not the main reason to play! Play these games because they're FUN, and who can't use some more laughs in the day?









Watch the video with your child. If you don't have access to view videos, please read the description below!		Do the activity and mark "We did it!"	Reflect and share: How did it go? What did you learn?
	<p><b>Go Fish</b></p> <p>PreK - Deal five cards to each player. The remaining cards go into the "pond" draw pile. Players lay down any number pairs in their hand with the goal of an empty hand to win the game. The first player asks another player for a specific number, "Do you have a 5?" If the other player has that card, he must hand it over and draw a replacement. If not, the player says, "Go fish!" The first player must draw a card from the "pond." Play continues in this way around the circle until one person has found pairs for all his or her cards.</p>	<div style="border: 1px solid black; width: 40px; height: 40px; margin: 0 auto;"></div> <p>We Did it!</p>	
	<p><b>Who has the Biggest Number?</b></p> <p>PreK - Divide the card deck into two piles between the players. Each player flips over the top card. The person with the biggest number wins both cards. If players have the same number, they flip over a second card on top. The player with the biggest card wins that pair and all the cards below. The winner is the person with the most cards once the piles are exhausted.</p>	<div style="border: 1px solid black; width: 40px; height: 40px; margin: 0 auto;"></div> <p>We Did it!</p>	
	<p><b>Slap One More</b></p> <p>PreK - Divide the deck of cards into a pile for each player. Each player flips over a card. Players look at both cards to see if there is a difference of one between the cards. For example, 1 and 2 or 7 and 8. If so, the player "slaps" the cards and wins any cards in the pile beneath. If there is not a difference of one, players continue flipping over one card at a time. Players continue playing until all cards are used. The player with the most cards wins.</p>	<div style="border: 1px solid black; width: 40px; height: 40px; margin: 0 auto;"></div> <p>We Did it!</p>	
	<p><b>One, Two, Moo</b></p> <p>ReadyBaby - Let your child draw from a deck of cards. Say the number on the card and then make a silly animal noise that number of times. Draw again!</p>	<div style="border: 1px solid black; width: 40px; height: 40px; margin: 0 auto;"></div> <p>We Did it!</p>	

Invite your child to color in the game spaces for each of this week's activities once you've completed them together.

## SummerSoar Week 8

### Cook up some fun in your kitchen this week!

There's a place in your home that's the perfect lab for experimenting with literacy, math, science, and social skills. Where? It's your KITCHEN! Whether you are reading a recipe, measuring ingredients, or just sharing stories about your day as you wash the dishes, the kitchen is a wonderful place for creating rituals and routines that strengthen your family.









Watch the video with your child. If you don't have access to view videos, please read the description below!		Do the activity and mark "We did it!"	Reflect and share: How did it go? What did you learn?
	<b>What's for Dinner</b> PreK - Encourage your child to ask family members to find out their favorite dinner food. Collect the data using tally marks. Compare the answers to see which received the most and least votes.	<input type="checkbox"/> We Did it!	
	<b>Guess and Measure</b> PreK - Invite your child to explore with measuring tools. It is a great opportunity to discover how much different cups and spoons can hold.	<input type="checkbox"/> We Did it!	
	<b>Sink or Float</b> PreK - Fill up a bowl or the kitchen sink with some water. Gather some different items from around your kitchen and test out whether each item floats or sinks in the water. What do the floating items have in common? What about the items that sink?	<input type="checkbox"/> We Did it!	
	<b>Little Chef</b> ReadyBaby - Look for ways to invite your child to participate in cooking with you. Children love to crack eggs, measure, add ingredients, and stir!	<input type="checkbox"/> We Did it!	

Invite your child to color in the game spaces for each of this week's activities once you've completed them together.

## SummerSoar Week 9

### What has been your favorite summer memory? Write it down!

How will your family remember this summer? Take some time to talk about your favorite summer memories and write them down together. Check out these ways for your child to create a written record of this summer that can be enjoyed both now and in the future!









Watch the video with your child. If you don't have access to view videos, please read the description below!		Do the activity and mark "We did it!"	Reflect and share: How did it go? What did you learn?
	<b>I Remember When</b> PreK - Share a memory about when your child was younger. Talk about the details as you tell the story together.	<input type="checkbox"/> We Did it!	
	<b>Baby Photo Fun</b> PreK - Look at baby pictures with your child. Talk about where each picture takes place, what was happening, and how old the child was in the picture.	<input type="checkbox"/> We Did it!	
	<b>Weekend News</b> PreK - Invite your child to help you write by sharing the pen. Draw and write about some of your favorite summer memories!	<input type="checkbox"/> We Did it!	
	<b>Family Photos</b> ReadyBaby - Look through pictures on your phone or in a family photo album. Talk with your child about the people you see and the fun things you have done together.	<input type="checkbox"/> We Did it!	

Invite your child to color in the game spaces for each of this week's activities once you've completed them together.

## SummerSoar Week 10

### “Back to school” season is here, and you need a plan!

The start of school can be a big adjustment for families: waking up earlier, getting dressed for school, packing the backpack, etc. Having a plan can make for a happier, healthier time for everyone. Check out these simple ways to make routines part of your family’s plan for a great “back to school” season!

Watch the video with your child. If you don't have access to view videos, please read the description below!		Do the activity and mark “We did it!”	Reflect and share: How did it go? What did you learn?
	<b>Brushing Your Teeth</b> PreK - Make brushing teeth twice a day part of your child’s regular routine.	<input type="checkbox"/> We Did it!	
	<b>How can I help my child with separation?</b> ReadyBaby/PreK - Help your child prepare for school by talking through your good-bye routine before you leave him or her at school. When you arrive at school, go through the routine and then smile and say “good-bye” and “see you later”!	<input type="checkbox"/> We Did it!	
	<b>All By Myself</b> ReadyBaby - Encourage your child to play an active role in getting ready for the day. Let your child attempt getting dressed and putting on shoes alone with your encouragement and support.	<input type="checkbox"/> We Did it!	
	<b>Routine Strategy: Routine Chart</b> PreK - Make a family routine chart and post it in a place where everyone can see it and use it. Use pictures to help children that can't read to still follow along!	<input type="checkbox"/> We Did it!	

Invite your child to color in the game spaces for each of this week’s activities once you’ve completed them together.



### Microwave Directions:

1. Put all ingredients in a microwave-safe bowl.
2. Stir ingredients until smooth.
3. Put bowl in the microwave and cook mixture for 30 seconds. Remove from microwave and stir again.
4. Repeat until it forms a ball. It may take up to three or four minutes.
5. Allow to cool and then knead with hands until smooth.
6. Store in an airtight container when not in use.

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### Stovetop Directions:

1. Mix all ingredients in a small saucepan.
2. Stir ingredients until smooth.
3. Cook on low heat until it forms a ball and playdough texture.
4. Allow to cool and then knead with hands until smooth. (If playdough is too sticky you can roll it in a small pile of flour until it has a smooth playdough texture.)
5. Store in an airtight container when not in use.

When cooking with children, the adult needs to supervise the use of the microwave and the stirring portion of the recipe.

Because playdough is not edible, it is not recommended for children under 2 years of age. Supervise young children while playing with playdough.

### Ingredients:

1 cup Flour

1/4 cup Salt

3 tsp of vinegar  
or lemon juice

3 tbsp of vegetable oil

1/2 cup of water

Food coloring  
(optional)

